



Marquette Counties

# Community Resources

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*Connecting you to available resources in our community!*

Company	Phone	Website
<b>Adult Abuse Services (Domestic Violence)</b>		
Department of Human Services, Elderly Population	906-228-9691	www.michigan.gov
Harbor House	906-226-6611 800-455-6611	
Marquette County Prosecutors Office	906-361-3847	
The National Domestic Abuse Violence Hotline	800-799-7233	www.michigan.gov/domesticviolence
Shelley Ovink, LMSW	906-361-3847	
Women's Center	906-225-1346	
<b>Adult and Family Services</b>		
Catholic Social Services	906-227-9119	www.cssup.org
Department of Human Services, Elderly Population	906-228-9691	www.michigan.gov
Dial Help	906-482-4357	www.dialhelp.org
Karen Nelson LMSW, ACSW, CEAP, CAADC	906-289-8807	
Karl Hill, PHD	906-361-3985	Karl_hill@att.net
Maggie MacDevitt, Ph.D. Private Practice	906-226-9584	www.drmmaggiemacd.com
Premeier Psychological Services	906-228-6200	www.premier-psych.com
Superior Psychological Services	906-225-1776	www.superiorpsychological.com
UPHS Marquette, Outpatient Behavioral Health Services	906-225-3985	
UPHS Marquette Brain & Spine	906-225-7116	www.mgh.org
<b>Air Ambulance</b>		
Angel Flight	800-296-3797	
Valley Med Flight (Iron Mountain and Houghton)	800-828-0168	www.valleymedflight.com
Wings of Hope	800-448-9487	www.wings/of/hope.org
Wings of Mercy (Holland Michigan)	888-786-3729	wingsofmercy.org/wordpress
<b>Alcohol &amp; Substance</b>		
Alcoholics Anonymous	906-249-4430	www.aa-marquettcounty.org
Al-Alon	906-249-4430	www.aa-marquettcounty.org
Catholic Social Services - Escanaba	906-786-7212	
Catholic Social Services - Iron Mountain	906-774-3323	
Catholic Social Services - Marquette	906-227-9119	www.dioceseofmarquette.org
Community Substance Abuse - Kingsford	906-774-7511	
Drug and Alcohol Recovery	888-249-7292	www.recovery.org
Great Lakes Recovery Center	906-228-9696 855- 906-4572	www.greatlakesrecovery.org
Great Lakes Recovery Residential	906-228-7611	
Great Lakes Recovery Outpatient	906-228-6545	
Great Lakes Recovery Youth	906-228-4692	
Great Lakes Recovery Outpatient Ishpeming	906-485-2347	
Great Lakes Recovery Outpatient Iron Mountain	906-774-2561	
Great Lakes Recovery Ironwood	906-346-7506	
Great Lakes Recovery Ste. Marie - Outpatient	906-632-9809	
Hannahville Indian Community Behavioral Health	906-466-2878	
Hazelden	800-257-7810	www.hazelden.org/renewalcenter
Hazelden online recovery site		www.sober24.com
LMAS District Health Dept.	906-293-5107	
Lutheran Social Services	906-225-5437	www.lsswis.org
Lynn Baldwin MSW	906-226-6059	
MGHS Upper Michigan Behavioral Health Services	906-225-3985	www.mgh.org

Northcare Substance abuse services	906-225-7222 800-305-6564	
New Hope Sault Ste. Marie - Mens	906-635-5542	
New Hope Sault Ste. Marie - Womens	906-632-2522	
New Day Residential - Baraga/ L'Anse	906-524-4411	
New Day Outpatient (KBIC Outpatient)	906-353-6623	
Pathways	906-225-1181 888-728-4929	www.pathwaysup.org
Alger County	906-387-3611	
Delta County	906-786-6441	
Luce County	906-293-3850	
Marquette County	906-225-1181	
Pathway/Northcare Network Substance Abuse Division	906-225-7222	
Phoenix House - Calumet	906-337-0763	
SAMHSA National Helpline	800-662-4357	www.samhsa.gov

### Child Abuse Services

Child Protective Services - Department of Human Services	855-444-3911	
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### Children's Education

Early On - Birth to 3yrs (Marquette Alger Regional Educational Services)	906-226-5100	www.maresa.org
Head Start/Early Head Start	906-346-3556 906-346-3680	www.amcab.org/childhood
Marquette/Alger Regional Educational Service Agency	906-226-5100	www.mapsnet.org
Women Infant and Childeren (WIC) Marquette County Health Dept.	906-475-7846	www.co.marquette.mi.us

### Children's Programs

Bay Cliff Health Camp	906-345-9314	www.baycliff.org
Big Brothers/Sisters	906-475-7801	www.bbbsmq.org
Child and Family Services of the Upper Peninsula	906-228-4025	www.cfsup.org
Department of Human Services (FIA)	906-228-9691	www.michigan.gov
Families First (DHS)	517-335-3704	
Great Start Regional Resource (Former: 4 C's)	906-228-3362	www.greatstart2quality.org
Teaching Family Homes of the U.P.	906-249-5437	www.teachingfamilyhomes.com
Voices for Youth (Homeless teens)	906-225-0360 906-235-8407	www.lsswis.org
YMCA of Marquette	906-227-9622	

### Children Services/adolescents

Bill Tucker MSW, ACSW	906-226-3556	
Catholic Social Services	906-227-9119	www.dioceseofmarquette.org
Debra Smith Psy.D, adolescents	906-225-1776	
Karl Hill, Psychologist	906-361-3985	
Jon Kniskern Ph.D.	906-228-4747	
Joni Peffers MSW	906-346-9243	jopef@chartermi.net
Michigan Protection & Advocacy Services (Assistance with school testing)	906-228-5910 866-928-5910	
Premeier Psychological Services	906-228-6200	www.premier-psych.com
UPHS Outpatient Behavioral Health Services	906-225-3985	www.mgh.org
Wendi Greer MSW	906-226-1454	
Women and Children Center	906-225-3297	www.mgh.org

### Community Schools

Early Head Start	906-228-6522	
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Gwinn Area Community Schools	906-346-9283	
Ishpeming	906-485-5501	
Marquette Area Public Schools	906-225-5758	
Negaunee	906-475-4156	
NICE	906-485-1021	

## Counseling & Crisis Services

ACCESS - (Pathways)	906-225-4433	
Dial Help	906-482-4357 906-356-3337	
Human Service Information & Referral Helpline	211	
Northern Michigan University Counseling Service	906-227-2980	<a href="http://www.nmu.edu/counselingandconsultation/home-page">www.nmu.edu/counselingandconsultation/home-page</a>
NorthStar EAP	906-225-3145	
SAMHSA Disaster/Distress Helpline	800-985-5990	
UPHS Marquette Behavioral Health	906-225-3985	<a href="http://www.mgh.org">www.mgh.org</a>
Poison Control Center	800-222-1222	<a href="http://www.aapcc.org">www.aapcc.org</a>

## Dental Services

Aspen Dental	906-629-1465	<a href="http://www.aspendental.com">www.aspendental.com</a>
My Dental Community Center, Marquette	906-226-9992	<a href="http://Mydental.org">Mydental.org</a>
Northern Trails Dental Care	906-346-6349	<a href="http://www.northerntrailsdentalcare.com">www.northerntrailsdentalcare.com</a>
Sawyer Family Dental	906-346-9275	<a href="http://www.uglhealth.org">www.uglhealth.org</a>
Superior Dental Clinic	906-228-9592	<a href="http://www.smilemqt.com">www.smilemqt.com</a>

## Eating Disorders

Eating Disorders Hotline-National Eating Disorders Association	800-931-2237	
MGHS Behavioral Health Services	906-225-3985	<a href="http://www.mgh.org">www.mgh.org</a>
MGHS Weight Management Services	906-225-7979	<a href="http://www.mgh.org/weight">www.mgh.org/weight</a>
Premeier Psychological Services	906-228.6200	<a href="http://www.premier-psych.com">www.premier-psych.com</a>
Susan LaFreniere ACSW	906-228-3092	

## Elderly Services

Catholic Social Services	96-227-9119	<a href="http://www.dioceseofmarquette.org">www.dioceseofmarquette.org</a>
Commission on Aging	906-485-1742	<a href="http://www.co.marquette.mi.us">www.co.marquette.mi.us</a>
Debra Smith Psy. D, Older adults	906-225-1776	
Marquette Senior Center	906-228-0456	<a href="http://www.mqtcty.org/senior.php">www.mqtcty.org/senior.php</a>
SAIL (Service Assessment for Independent Living)	906-228-5744	
UPCAP	786-4701 or 221	<a href="http://www.upcapservices.com">www.upcapservices.com</a>
UPHS Outpatient Behavioral Health Services	906-225-3985	<a href="http://www.mgh.org">www.mgh.org</a>

## Family Services

Bill Tucker MSW, ACSW	906-226-3556	
Catholic Social Services	906-227-9119	<a href="http://www.dioceseofmarquette.org">www.dioceseofmarquette.org</a>
Department of Human Services, Elderly Population	906-228-9691	<a href="http://www.michigan.gov">www.michigan.gov</a>
Lutheran Social Services	906-225-5437	<a href="http://www.lsswis.org">www.lsswis.org</a>
MGHS Outpatient Behavioral Health Services	906-225-3985	<a href="http://www.mgh.org">www.mgh.org</a>
Parent Helpline	888-727-5889	
Pathways to Healthy Living	906-225-1181	
Premeier Psychological Services	906-228.6200	<a href="http://www.premier-psych.com">www.premier-psych.com</a>
Salvation Army-Marquette	906-226-2241	
Wendi Greer	906-226-1454	
Women's Center	906-225-1346	<a href="http://www.wcmqt.org">www.wcmqt.org</a>

## Food/Emergency Funding Assistance

Department of Human Services (Marquette)	906-228-9691	<a href="http://www.michigan.gov">www.michigan.gov</a>
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Feeding America West Michigan Food Bank, Ishpeming	616-784-3250	www.feedwm.org
St. Francis Connection Center	906-346-2386	www.sfccgwinn@gmail.com
St Vincent De Paul (Gwinn)	906-346-5610	
St Vincent De Paul (Marquette)	906-226-3721	www.svdpusa.org
St Vincent De Paul (Republic)	906-376-2400	
St Vincent De Paul (Ishpeming)	906-486-4237	
Room At The Inn (RATI) Marquette Homeless Shelter	906-227-9171	
Salvation Army (Marquette)	906-226-2241	
Salvation Army (Ishpeming)	906-486-8121	

### Free Community Meal Sites

Grace Lutheran Church-Gwinn	906-346-3156	
Gwinn United Methodist Church	906-346-6314	
First Baptist Church - Gwinn	906-346-6115 906-362-1362	
St Francis Connection Center	906-346-2386	

### Gambling

MGHS Behavioral Health Services	906-225-3985	www.mgh.org
Catholic Social Services	906-227-9119	www.dioceseofmarquette.org
Gambling Hotline	800-270-7117	
Gamblers Anonymous	855-222-5542	
Gam Anon (First Presbyterian Church of Marquette)	906-226-6587	firstpresmqt.org/index

### Homeless Assistance

Room At The Inn (RATI) Marquette Homeless Shelter	906-227-9171	
SAIL (Service Assessment for Independent Living)	906-228-5744	
Lutheran Social Services	906-225-5437	www.lsswis.org
Voices for youth - Sarah Fogaroli - Luthern Social Services	906-226-7410 ext.24	www.lsswis.org/LSS/Services/Homelessness-Basic-Needs/Homelessness

### Hospice

Lake Superior Hospice (Becky Shauver)	906-225-7760	
Marquette General Home Health and Hospice	906-228-4325	
UP Home Health Hospice and Private Duty	906-225-4545 906-485-4545 800-435-7177	www.uphomehealth.org

### Housing

AMCAB	906-228-6522	
Department of Human Services	906-228-9691	www.michigan.gov
Forwood Apartments Gwinn	906-346-3859	
Janzen House (Hotel Janzen)	906-226-2271	
Macasu Inc	906-346-7911	www.macasu.com
Marquette Housing Commission	906-226-7559	www.mqtcty.org
Room At The Inn (RATI) Marquette Homeless Shelter	906-227-9171	
SAIL (Service Assessment for Independent Living)	906-228-5744	
Salvation Army	906-226-2241	
Sawyer Village-Gwinn	906-346-3919	www.sawyervillage.com
True North/Empower	231-355-5880	www.truenorthservices.org
UPCAP	906-786-4701 or 211	

### Jobs

Michigan WORKS!	906-228-3075	
NMU Career Services	906-227-2800	

<b>Legal</b>		
Dial Help	906-482-4357 906-356-3337	
Family and Probate	906-225-8300	
Family Support	906-226-4990	
Friend of the Court (Marquette County)	906-225-8262	
Marquette Alger Resolution Service and Mediation	906-226-8600	www.marsmediation.org
Marquette office of probation and parole	906-225-8224	
Marquette Police	906-228-0400	
Marquette Sheriff	906-225-8435	
Michigan Protection and Advocacy	800-288-5923	www.mpas.org
Michigan State Police- District 8 Headquarters (MQT)	906-225-7030	
Michigan State Police- Negaunee	906-475-9922	
Prosecutors Office	906-225-8310	
Victims Witness Office	906-225-8315	
<b>Medical Facilities</b>		
Gwinn Teen Clinic	906-372-4002	
Marquette County Health Dept.	906-475-9977	
NMU Health Center	906-227-2355	
Peninsula Medical Center	906-225-3905	
Planned Parenthood of Marquette	906-225-5070	
Superior Walk-In Clinic - Marquette	906-226-2233	
UPHP 4D Customer Service	906-225-7500 800-835-2556	
UPHP Sheenah Kestila- (Personal number)	906-226-1903	
UPHP Medicaid/ Healthy MI / MiChild/ CSHCS (Prior Authorization)	248-540-6686	
UPHP Medicaid/ Healthy MI / MiChild/ CSHCS 4D customer service	888-274-2031	
UPHP Utilization Management Department	906-225-7774	
UPHS-Bell - Ishpeming	906-486-4431	
UPHS Marquette	906-228-9440	
<b>Mental Health Services</b>		
Catholic Social Services	906-227-9119	www.dioceseofmarquette.org
Depression and Suicide Hotline- National Hopeline Network	800-784-2433	www.treatmentadvocacycenter.org
Dr. Karl Hill, (Psychologist)	906-361-3985	
Michael D. Reed, LLP, CAADC	906-228-3092	supparsol@gmail.com
MGHS Behavioral Health Services	906-225-3985	www.mgh.org
NAMI Michigan (National Association of Mental Illness)	800-331-4246	mi.nami.org
Northern Michigan University Counseling Service	906-227-2981	webb.nmu.edu/Centers/CounselingAndConsultation
Pathways of Upper Michigan	906-225-1181	www.pathwaysup.org
Premeier Psychological Services	906-228.6200	www.premier-psych.com
Traci Baxendale Ball, LMSW, CAADC (DBT)	906-458-9501	virtualclinic@vibranthealthcompany.com
<b>Native American Services</b>		
Sault Tribe	906-635-6050	www.saulttribe.com
Sault Tribe Health Clinic-Manistique	906-341-8469	www.saulttribe.com
Sault Tribe Health Center-Marquette	906-225-1616	
Sault Tribe Health Center-Munising	906-387-4721	www.saulttribe.com
Sault Tribe Health Center-Sault Ste. Marie	906-632-5200	www.saulttribe.com

Sault Tribe Health Center-St. Ignace	906-643-8689	www.saulttribe.com
National Indian Child Welfare Association	503-222-4044	www.nicwa.org
<b>On-line Support Groups</b>		
Hazelden online recovery site		www.sober24.com
Fibrohugs		www.fibrohugs.com
<b>Pregnancy Counseling and Adoption Services</b>		
Catholic Social Services Pregnancy Counseling / Post Abortion	906-227-9119	www.dioceseofmarquette.org
Pregnancy Services and Care Clinic of Marquette	906-228-2273	
Planned Parenthood of Marquette	906-225-5070	www.plannedparenthood.org
Marquette County Health Department Maternal Infant Health Program	906-475-5765	www.co.marquette.mi.us
Pregnant and Parenting Teens (Marq. County Health Dept)	906-315-2615	
Lutheran Social Services	877-994-8344 906-225-5437	www.lsswis.org
Child and Family Services of the UP	906-228-4025	www.cfsup.org
Safe Delivery - Surrendering Parent Rights Hotline	866-733-7733	
<b>Psych Testing</b>		
MGHS Upper Michigan Behavioral Health Services	906-225-3985	www.mgh.org
Karl Hill, Psy.D. psych testing - Children, ADHD, Fetal Alcohol	906-361-3985	
Premeier Psychological Services	906-228.6200	www.premier-psych.com
Dr. Dave VanHolla - Iron Mountain	906-779-7001	
<b>Public Transportation</b>		
Chekcer Cab	906-226-7777	
Marquette County Transit Authority (Mar-Tran)	906-225-1112	
<b>Self Help/Support Groups</b>		
AIDS Partnership Michigan	313-446-9800	www.aidspartnership.org
Alcoholics Anonymous	906-249-4430	www.alcoholics-anonymous.org
Al-Alon	906-249-4430	www.aa-marquettecounty.org
Alzheimer's Association	906-228-3910	www.alz.org
American Cancer Society	800-227-2345	www.cancer.org
American Heart Association MI	616-285-1888	www.americanheart.org
American Heart Association	800-242-8721	www.americanheart.org
American Lung Association of Marquette	906-228-9833	www.lungusa.org
American Red Cross	906-228-3659	www.redcross.org
Asthma and Allergy Foundation of America	800-727-8462	www.aafa.org
Autism Society of Michigan	800-328-8476	www.autism-society.org
Autism Society of MI	800-223-6722	www.autism-mi.org
Cerebral Palsy Source	866-251-0808	www.cerebralpalsysource.com
CHADD-Children and Adults with ADD	800-233-4050	www.chadd.org
Children's Leukemia of MI	800-825-2536	www.leukemiamichigan.org
Cleft Palate Foundation	800-242-5338	www.cleftline.org
Epilepsy Foundation of America	800-332-1000	www.epilepsyfoundation.org
Epilepsy Foundation of MI	800-377-6226 248-351-7979	www.epilepsyfoundation.org/michigan
March of Dimes	906-228-6942	www.marchofdimes.com
Michigan Department of Community Health Pain & Symptom Management		www.michigan.gov/mdch
Multiple Sclerosis Society	248-351-2190	www.nationalmssociety.org
NAMI Michigan (National Association of Mental Illness)	800-331-4246	mi.nami.org

National Kidney Foundation of MI	800-482-1455	www.nkfm.org
NMU counseling center	906-227-2980	www.nmu.edu/counselingcenter
Ostomy Association	800-826-0826	www.ostomy.org
SAIL (Service Assessment for Independent Living)	906228-5744	www.ucpmichigan.org
Salvation Army	906-226-2241	
United Cerebral Palsy of MI	517-203-1200	
UP Diabetes Outreach	906-228-9203	www.diabetesinmichigan.org
UP Health Systems Cancer Help and Support	906-225-3500 800-562-9753	http://ww4.mgh.org/cancer

### Senior Citizens

Adult Protective Services	855-444-3911	http://www.michigan.gov
Aging Services	906-315-2607	
Alger-Marquette Community Action Board (AMCAB)	800-562-9762 906- 228-6522	
Marquette Alzheimer's Association	906-228-3910 800- 272-3900	
SAIL (Service Assessment for Independent Living)	906-228-5744	
Senior Center-Gwinn	906-346-9862	
Senior Center-Marquette	906-228-0456	www.mqtcty.org
Senior Center-Negaunee	906-475-6266	
UPCAP	906-786-4701	

### Sexual Orientation

GLBT National Hotline	888-843-4564	
GLBT National Youth Hotline	800-246-7743	
Great Lakes Recovery	906-228-9696	

### Suicide Prevention

National Suicide Prevention Lifeline	800-273-8255	www.suicidepreventionlifeline.org
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### Transportation

Marq Tran	906-225-1112	http://marqtran.com
Checker Transport	906-226-7777	Checkertransport.com
Retired & Seniors Volunteer Program (RSVP)	906-315-2658 906-315-4912	www.co.marquette.mi.us
Indian Trails Bus	906-228-8393	Indiantrails.com
UPHP patients- Transportation services	800-835-2556 906-225-7085	www.uphp.com

### Utility/Heating Assistance

Alger-Marquette Community Action Board	800-562-9762 or 211	www.communityactionam.org
Marquette County Department of Human Services	906-228-9691	www.michigan.gov
St. Vincent DePaul- Marquette	906-226-3721	
St. Vincent DePaul- Gwinn	906-346-5610	
Salvation Army-Marquette	906-226-2241	
Salvation Army-Ishpeming	906-486-8121	
True North/ Empower	231-355-5880	www.truenorthservices.org

### Veterans

Veterans' Affairs - Marquette	906-226-4618	
Oscar G. Johnson Veteran hospital - Iron Mountain	906-774-3300	
DJ Jacobetti Home for Veterans -	906-226-3576	
American Legion - Post 349 Little Lake, MI	906-346-6000	
VFW Post 5670 Auxiliary-Gwinn	906-346-5670	
Veterans Center - Escanaba	906-233-0244	