



Menominee County Community Resources

Connecting you to available resources in our community!

Knowing you need help is one thing. Finding someone who can help you is another.

The best number to call for help in the Upper Peninsula is:

2-1-1 or 1-800-338-1119

Trained call specialists are ready 24 hours a day, 7 days a week, every day of the year including holidays to listen and connect you with the programs or services in your local area that can help. Assistance and information can be provided for long-term care options, aging and disability resources, employment, rent/utility assistance, home care, housing, volunteer opportunities, transportation, child and family services and more.

Pay phone and rotary phone users can dial 1-800-305-8137

www.211.org

Company	Phone	Company Website	Additional Information
Adult Services			
Abundant Life Church & Mission	906-424-4429	www.alcmmission.org	
Common Ground Resource & Crisis Center	800-231-1127	www.commongroundhelps.org	
Dial Help - Community Support and Outreach Center (24 hour crisis line)	906-482-4357 800-562-7622	www.dialhelp.org	Text: 906-35-NEEDS (63337)
Escanaba Tri-County Safe Harbor	906-789-1166 800-682-1649	www.safe3c.com	Business Line: 906-789-9207
Haven of Hope Homeless Shelter	715-735-3684		Marinette, WI
Labor of Love Family Counseling - Crivitz, WI	715-854-2992		
Labor of Love Family Counseling - Wausaukee, WI	715-291-9328	www.laboroflovecenters.com	
Michigan Department of Health & Human Services	906-863-9965	www.michigan.gov	
National Domestic Violence Hotline	800-799-7233	www.thehotline.org	
Sexual Assault Center	715-732-7300	www.familyservicesnew.org	Marinette, WI
The Rainbow House	715-735-6656 Crisis Line: 800-956-6656	www.therainbowhouse.us	Marinette, WI Text line: 906-290-9081
Air Ambulance			
Angel Flight: Mid-Atlantic	757-318-9174	www.angelflightmidatlantic.org	
Angel Flight: West	888-426-2643	www.angelflightwest.org	
Valley Med Flight	800-828-0168 710-772-0611	www.valleymedflight.com	Houghton & Iron Mountain
Wings of Hope	800-448-9487 636-537-1302	www.wingsofhope.ngo	
Wings of Mercy	616-396-1077 888-786-3729	www.wingsofmercy.org	
Alcohol & Substance			
Drug and Alcohol Recovery	888-499-9157	www.recovery.org	
Hazelden Betty Ford Foundation	866-261-3734	www.hazelden.org/renewalcenter	
National Institute on Alcohol Abuse and Alcoholism	301-443-3860	www.niaaa.nih.gov	
New Hope Sault Ste. Marie - Men's	906-635-5542	www.greatlakesrecovery.org/residential-services/mnhh/	
New Hope Sault Ste. Marie - Women's	906-632-2522	www.greatlakesrecovery.org/residential-services/wnhh/	
SAMHSA National Helpline	800-662-4357	www.samhsa.gov	
Great Lakes Recovery Centers			
Main Office	906-228-9696 855-906-4572	www.greatlakesrecovery.org	Marquette
Adult Residential Services	906-228-7611		Marquette
Marquette Outpatient	906-228-6545		
Ishpeming Outpatient	906-485-2347		
Iron Mountain Outpatient	906-774-2561		
Iron River Outpatient	906-214-4777		
Ironwood Outpatient Services	906-364-7506		

Sault Ste. Marie Outpatient	906-632-9809		
Adolescent Services Center	906-228-4692		Negaunee
Hancock Outpatient Services	906-482-7710		
Newberry Outpatient	906-293-1622		
St. Ignace Outpatient	906-643-0944		
Manistique Outpatient	906-341-2244		
Escanaba Outpatient Services	906-789-3528		
Behavioral Health Services			
Adapt	715-732-7760	www.marinettecounty.com/departments/health-and-human-services/adapt-	Marinette, WI
Bay Shore Counseling Network	715-735-7200		Fax: 920-468-8090
Catholic Charities	715-735-7802	www.newcatholiccharities.org	Marinette, WI
Changing Seasons Counsel Center	906-863-5646		
Choices Counseling Center	715-732-6868	www.choicescounselingsc.com	Marinette, WI fax: 715-732-6866
Gil Garcia Therapist MSW, ACSW family/couples	866-903-6000		
Gina M. Gretens MS, LMFT Therapy for individuals, couples & families	920-680-5453	www.ginagreatens.com	Green Bay, WI
Libertas Treatment Center	715-735-0095	www.libertastreatment.org	Marinette, WI
Spade's Counseling Agency	906-864-9830	www.spadescounseling.net	Fax: 906-864-9831
Child Abuse Services			
Child Protective Services - Department of Human Services	715-732-7700	www.marinettecounty.com	Marinette, WI
Menominee County Department of Health and Human Services	906-863-9965	www.michigan.gov	
Children Services/Adolescent Services & Programs			
Big Brothers Big Sisters of Menominee	906-290-6784	www.bbbsbayarea.org	Program Coordinator: Julia Nutter
Children's Protective Services Hotline	855-444-3911		
Menominee County Department of Health and Human Services	906-863-9965	www.michigan.gov	
YMCA of Menominee	906-863-9983	www.mmymca.org	
Counseling & Crisis Services			
Pathways Community Mental Health - Escanaba	906-786-6441	www.pathwaysup.org	
Dial Help	906-482-4357 800-562-7622		Text: 906-356-3337
Human Service Information & Referral Helpline	211		
Dental Services			
Northern Health Centers Dental	920-516-7107	www.nhcmadden.com	Provides sliding fee, accepts patients with no insurance
Superior Dental Clinic	906-228-9592	www.smilemqt.com	Marquette, MI
UPCAP	211	www.211.org	
Upper Great Lakes Menominee Family Health Center	906-290-5000	www.uglhealth.org	
Eating Disorders			
Eating Disorders Hotline-National Eating Disorders Association	800-931-2237	www.nationaleatingdisorders.org	
Elderly Services			
Elder Helpers		www.elderhelpers.org	National organization
Marinette County Elderly Services	715-854-7453	www.mces.net	Marinette, WI
Marinette County Department of Health Services	715-732-7667	www.dhs.wisconsin.gov	

(MDSCAA) Menominee, Delta, Schoolcraft Community Action Agency	906-786-7080	www.mdscaa.org	
MDSCAA Menominee Senior Citizens Center	906-863-2158	www.mdscaa.org	M-F 8am-3pm
Menominee County Department of Human Services	906-863-9965	www.michigan.gov	
Senior Services Program	906-863-3256	www.mdscaa.org	
Family Services			
Child Care Aid	517-373-3740	www.michigan.gov/childcare	
Marinette County Department of Human Services	715-854-7453	www.dhs.wisconsin.gov	
Menominee County Department of Health and Human Services	906-863-9965	www.michigan.gov	
Food/Emergency Funding Assistance			
Feeding America Eastern WI	920-202-3690	www.feedingamericawi.org	Appleton, WI
NEWCAP Food Pantry	715-732-4171	www.newcap.org	Marinette, WI
Peshtigo Food Pantry	715-582-0389		Peshtigo, WI
Salvation Army	715-735-7448		
St. Vincent De Paul (Marinette)	715-735-6955		Mon, Wed, Fri 10am-2pm
Twin City Baptist Church Pantry	715-735-9181	www.twincitybaptistchurch.net	Marinette, WI
Gambling			
Michigan Gambling Hotline	800-270-7117		
Gamblers Anonymous Michigan	855-222-5542		
Home Health & Hospice			
Great Lakes Home Medical	906-863-1148		
UP Health System Home Care & Hospice - Menominee	906-863-7877		
ResCare Homecare	866-737-2273		
Unity Hospice	800-990-9249	www.unityhospice.org	
Hospice			
Heartland Hospice Care	800-366-1232	www.heartlandhospice.com	
Unity Hospice	800-990-9249	www.unityhospice.org	
Housing			
Menominee Housing Commission	906-863-8717	www.menomineehousingcommission.com	
Crestview Adult Foster Care Home	906-863-3675		
Harbors Retirement Community	906-863-3300	www.harborscommunity.com	
Haven of Hope- Homeless Shelter	715-735-3684	www.facebook.com/Haven-of-Hope- Marinette-Homeless-Shelter- 135888816441325/	Marinette, WI
Hay Creek Apartments	906-863-8903		
Heartland Manor	906-863-2747		
Interfaith Manor & New Hope Heights	906-863-2211	www.northlandlutheran.org/interfaith-manor	
Luther Home and Rehab	715-732-0155	www.northlandlutheran.org/luther- manor	Marinette, WI
Augustana Rehabilitation Center	715-732-0155	www.northlandlutheran.org/augustana-rehab-center	
Marinette County Housing Authority	715-856-6114		
Atrium Post Acute Care	906-863-9941	www.atriumhsl.com	
Terrace Estates and Northland Homes	715-732-9393	www.northlandlutheran.org/terrace-estates	
Peshtigo Housing Authority	715-582-9212		Peshtigo, WI
Peshtigo Pines Apt- Low Income	608-348-7755		Peshtigo, WI
The Renaissance Assisted Living Apartment Community	715-735-2100	www.rennesgroup.com/locations/assist- ed-living-marquette/	Marinette, WI

Washington Square Assisted Living Community	715-732-2550	www.washingtonsquarewi.com	Marinette, WI
Jobs			
Wisconsin Works	715-504-0077	www.fsc-corp.org/programs/wisconsin-works	Program for parents in need of cash assistance or help finding a job. Marinette, WI
Bay North Job Center (Job Center of WI)	715-732-7537	www.wisconsinjobcenter.org	Marinette, WI
Legal			
UPCAP Mediation/Conflict Resolution Services	906-789-9580 800-780-3456	www.upcap.org/program/mediationresolution-services/	
Dial Help	906-482-4357 800-562-7622		Text: 906-356-3337
Medical Facilities			
Aurora Bay Area Medical Center	715-732-8000	www.bamc.org	Marinette, WI
Bellin Health Marinette	715-735-5225	www.bellin.org/services_programs/primary-care/clinics-fmc/marinette	Marinette, WI
Bellin Health Urgent Care - Marinette	715-732-8610	www.bellin.org/services_programs/bellin-health-urgent-care/locations/marinette	Marinette, WI
Bellin Health Menominee	906-863-7897	www.bellin.org/services_programs/primary-care/clinics-fmc/menominee	
Bellin Health Marinette Urgent Care (inside Shopko)	920-445-7377	www.bellin.org/services_programs/bellin_health_fastcare/location_hours/marinette	Marinette, WI
Care Wisconsin	844-503-5075	www.carewisc.org/county/marinette	Publicly funded program that helps seniors and adults with disabilities manage their home and community-based long-term care services.
Menominee County Health Department	906-863-4451	www.phdm.org	
Northreach Bellin Health	715-732-4120		
Prevea Clinic	715-732-0832	www.prevea.com/locations/Marinette	
Twin Counties Free Clinic	715-732-1349	www.twincountiesfreeclinic.org	
Upper Great Lakes Family Health Center	906-290-5000	www.uglhealth.org	
Mental Health Services			
Depression and Suicide Hotline- National Hopeline Network	800-784-2433	www.treatmentadvocacycenter.org	
Pathways Community Mental Health - Escanaba	906-786-6441	www.pathwaysup.org	
ADAPT Clinic	715-732-7760	www.marinettecounty.com/departments/health-and-human-services/adapt-clinic/	
NAMI Michigan (National Association of Mental Illness)	517-485-4049	www.namimi.org	
Dr. Dave VanHolla - Iron Mountain	906-779-7001		
Native American Services			
National Indian Child Welfare Association	503-222-4044	www.nicwa.org	
Sault Tribe	906-635-6050	www.saulttribe.com	
On-line Support Groups			
Fibrohugs (Fibromyalgia Support)		www.fibrohugs.com	
Hazelden online recovery site		www.sober24.com	

Pain Management -			
Dr. Danzhu Guo MD - Bay Care	920-288-8377 866-965-4380	www.baycare.net/doctor-or-provider/danzhu-guo-md-faapmr/	
Pregnancy Counseling and Adoption Services			
Bay Area Pregnancy Services	715-732-4305	www.bayareapregnancyservices.com	
Child and Family Services of the UP	906-228-4025	www.cfsup.org	
Lutheran Social Services	715-735-9792	www.lsswis.org	
Safe Delivery - Surrendering Parent Rights Hotline	866-733-7733	www.michigan.gov/mdhhs/0,5885,7-339-71548_7200--,00	
Psych Testing			
UPHS Behavioral Health Services	906-225-3985	www.mghs.org	
Dr. Dave VanHolla - Iron Mountain	906-779-7001		
Runaway or Homeless Assistance			
Haven of Hope Homeless Shelter	715-735-3684		
Lutheran Social Services	715-735-9792	www.lsswis.org	
National Runaway Hotline	800-786-2929	www.1800runaway.org	
Rainbow House DV Shelter	800-956-6656	www.therainbowhouse.us	Text: 906-290-9081
Self Help/Support Groups			
AIDS Partnership Michigan	800-872-2437	www.miunified.org	
American Cancer Society	800-227-2345	www.cancer.org	
American Heart Association	800-242-8721	www.americanheart.org	
Asthma and Allergy Foundation of America	800-727-8462	www.aafa.org	
Autism Society for Marinette & Menominee Area	920-264-8067	www.autism-society.org	
Autism Society of MI	517-882-2800	www.autism-mi.org	
Cerebral Palsy Source	866-251-0808	www.cerebralpalsysource.com	
CHADD-Children and Adults with ADD	800-233-4050	www.chadd.org	
Children's Leukemia of MI	800-825-2536	www.leukemiamichigan.org	
Cleft Palate Foundation	800-242-5338	www.cleftline.org	
Epilepsy Foundation of America	800-332-1000	www.epilepsyfoundation.org	
Epilepsy Foundation of MI	800-377-6226 248-351-7979	www.epilepsyfoundation.org	
National Kidney Foundation of MI	800-482-1455	www.nkfm.org	
Ostomy Association	800-826-0826	www.ostomy.org	
Senior Citizens			
Adult Protective Services	855-444-3911	www.michigan.gov	
Area Agency on Aging of Northwest Michigan	906-786-4701	www.aaanm.org/area-agencies-on-aging-michigan/	
Congregate Meals	906-863-3256	www.mdscas.org	
Aging & Disability Resource Center of Marinette County	715-732-3849 715-854-7453	www.marinettecounty.com/departments/health-and-human-services/aging-and-disability-resource-center/	
Marinette County Elderly Services	800-990-4242	www.mces.net	email: aging@mces.net
Marquette Alzheimer's Association	906-228-3910 800-272-3900		
Marinette Senior Center	715-732-1280	www.marinette.wi.us/278/Senior-Center	
Home Delivered Meals	906-863-3256	www.mdscas.org	email: rbetters@mdscas.org
Sexual Orientation			
GLBT National Hotline	888-843-4564	www.glbthotline.org/national-hotline	
GLBT National Youth Hotline	800-246-7743	www.glbthotline.org/talkline	

Sexual Assault Center Marinette	715-735-7300	www.familyservicesnew.org	
Suicide Prevention			
National Suicide Prevention Lifeline	800-273-8255	www.suicidepreventionlifeline.org	
Transportation			
Lock City Transportation Company	906-863-2606		
Marinette County	415-732-7560	www.newrat.org	
Taxi Inc - Marinette WI	715-735-9787		
M&M Taxi Service - Marinette WI	715-735-7977		
Reliable Taxi - Marinette, WI	715-732-2438		
Transportation services for UPHP patients	800-835-2556	www.uphp.com/transportation	
Utility/Heating Assistance			
Energy Assistance. - Marinette	715-732-7740	www.marinettecounty.com	
NEWCAP Marinette	715-732-3970	www.newcap.org	
Salvation Army	715-735-7448	www.salvationarmywi.org	
Wisconsin Public Service	800-450-7260	www.accel.wisconsinpublicservice.com/home/assistance	Ask for CAA income & expense application
Veteran Services			
VA Menominee Clinic	906-863-1286	www.va.gov	
Veterans Service Office - Marinette WI	715-732-7650	www.marinettecounty.com	
Oscar G. Johnson Veteran hospital - Iron Mountain	906-774-3300	www.ironmountain.va.gov	
DJ Jacobetti Home for Veterans -	906-226-3576	www.facebook.com/pages/Dj-Jacobetti-Home-For-Veterans/202572856442180	
Veterans Center - Escanaba	906-233-0244	www.va.gov/directory/guide/facility.asp?ID=5508	