



Introduction to Obstetric Services

Congratulations! This is an exciting time in your life. At Upper Great Lakes Family Health Center, we want to do everything possible to ensure you have a healthy pregnancy and a healthy baby. Our goal is to provide you and your baby with safe and appropriate care throughout your pregnancy and delivery.

What You Can Expect

To provide the best care possible, it is important for us to gain an understanding of your health during pregnancy. Although some of the topics we need to explore are sensitive and may be difficult to openly discuss, please be assured your honesty and cooperation are very important in allowing us to effectively care for your baby.

You will be meeting with each of the Upper Great Lakes Family Health Center OB Providers during your pregnancy. This will allow our team to get to know you and in turn, you can get to know them. Our OB Providers provide on-call services for you and your baby, 24 hours – 7 days a week – 365 days a year. On the day you deliver, one of our OB providers will be dedicated to making sure your delivery goes smoothly and there with you every step of the way.

Prenatal visits are scheduled monthly up until the third trimester. After 30 weeks, appointments are scheduled every two weeks, with weekly visits occurring after the 36th week until the day of your delivery. If for some reason you are unable to attend your scheduled appointment, please give us 24-hour advance notice so other patients may be provided with the opportunity to see one of our OB/GYN providers.

During your first visit, the OB/GYN team will discuss routine screenings and any additional tests that are specific to helping us care for you and your baby. Early in your pregnancy, you will be asked to submit blood and urine samples so that we can ensure that standard screenings and testing is complete. These tests are extremely important to the health of both you and your baby during this special time. In addition to OB/GYN services, Upper Great Lakes Family Health Center provides Pediatric services. We have 5 board certified Pediatricians onsite, ready and available to care for your baby. You will have an opportunity to meet them following the delivery while in the hospital.

We want to thank you for choosing our OB/GYN team here at Upper Great Lakes Family Health Center. We look forward to providing you with high quality team-based care for you and your baby.

Sincerely,

Ashley Chamberlain, CNM
Sheryl Parks, MD
Evon Schexnaydre, MD